

Zesty Lemon Chia Pudding

 5 ingredients  4 hours  4 servings

Directions

1. In a large bowl, combine the almond milk, lemon juice, maple syrup and vanilla extract. Whisk in the seeds and mix well. Let sit in the fridge overnight or for at least 4 hours.
2. To serve, divide between bowls or mason jars. Enjoy!

Notes

- Optional** Fresh berries, sliced kiwi, coconut, pumpkin seeds, hemp seeds,
Toppings almonds, sliced banana or bee pollen.
- Leftovers** Keeps well in the fridge for 3 to 4 days.

Ingredients

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|-------------------|-------------------------|
| 3 1/2 cups | Unsweetened Almond Milk |
| 1/2 cup | Lemon Juice |
| 2 tbsps | Maple Syrup (or honey) |
| 2 tsps | Vanilla Extract |
| 1 cup | Chia Seeds |