

Slow Cooker Chicken Soup

 8 ingredients  6 hours  6 servings

Directions

1. Add all ingredients to the crock pot and cook on low for 6-8 hrs.
2. Once chicken is cooked through, transfer it to a large bowl and shred it with two forks. Return the shredded chicken to the crock pot and let it soak for at least 5-10 minutes before serving. Adjust seasoning as needed.

Notes

More Carbs Add chopped potatoes or cooked rice/pasta. You can also mix in raw pasta about 15 minutes before serving.

Leftovers Refrigerate in an air-tight container up to 3-4 days or freeze up to 6 months. Omit pasta and potatoes if you plan to freeze.

Ingredients

1	Yellow Onion (diced)
4 stalks	Celery (diced)
3	Carrot (medium, chopped)
1 tbsp	Rosemary (fresh)
8 ozs	Chicken Breast (boneless, skinless)
1 lb	Chicken Thighs (boneless, skinless)
	Sea Salt & Black Pepper (to taste)
6 cups	Water (or broth)