

Directions

1. Add all ingredients together in a food processor. Blend until a creamy consistency forms. Enjoy!

Notes

Serve it With Veggie sticks, brown rice tortilla chips, on a salad, in a wrap or as a

sandwich spread.

Leftovers Store in an air-tight container in the fridge up to 3-5 days, or in the

freezer up to 6 months.

Ingredients

3 cups Chickpeas (cooked)

1 1/2 Garlic (clove)

1 1/2 tbsps Tahini

1/4 cup Apple Cider Vinegar

3/4 tsp Turmeric

3/4 tsp

Sea Salt