




Cherry Blaster Green Smoothie

#snack #breakfast #smoothie #vegetarian #vegan #eggfree #glutenfree #dairyfree #elimination #nightshade-free

 6 ingredients  5 minutes  2 servings

Directions

1. Add all ingredients to blender and blend until smooth. Pour into a glass and enjoy!

Notes

Likes it Sweet Add honey or pitted dates.

More Protein Add vanilla protein powder.

Ingredients

- **2 cups** Unsweetened Almond Milk
- **2 cups** Baby Spinach
- **1 cup** Cherries (fresh or frozen)
- **1** Banana (frozen)
- **2 tbsps** Chia Seeds
- **2 tbsps** Hemp Seeds