




## Banana Sushi

#eggfree #snack #breakfast #dessert #paleo #vegetarian #vegan #glutenfree #dairyfree #lowfodmap #nightshade-free

 3 ingredients  5 minutes  2 servings

### Directions

1. Spread almond butter onto banana.
2. Sprinkle hemp seeds over top.
3. Slice and enjoy!

### Notes

**No Hemp Seeds** Use sunflower seeds instead.

### Ingredients

- 2 Banana (peeled)
- 2 tbsps Almond Butter
- 2 tbsps Hemp Seeds